



Arnesha Rector
Class 2018
Major: English



It's your world.

Archibald Rutledge Apartments

~100 residents in Spartanburg Housing Authority's location for seniors and individuals with disabilities
~ 12 participants in Wofford workshops

Omar Elmore
Class 2019
Major: English



Dear Adolph,

I know you are gone, but I will never forget you. You have taught me so much. You taught me how to love, forgive, work hard and always value family. It have been times where I wanted to give up. I stayed cause I knew you would never gave up. Like school, I wanted to drop out because so much was going on. Then I remembered that you said "no matter what I do in ~~life~~ life, make sure I get my diploma even if I don't goto college." I will always remember that. I got my diploma in honor of you. Some would say I should have want it for me. I did it for mostly for you.

I will always value family. In life, family should and will always be there no matter what. I know how to love conditional and unconditionally.

I will always value the time we spent together. From playing basketball together to just hanging around talk and watch the games together. I know I can ball, but you was a good ball player. I know you are up there ~~watching~~ smiling down on me. Where I get there, I want a rematch on playing basketball. I will always love you dad! I will never forget you, no matter what.

Love,
Trenton Davis

Letters of Love

Participant had the opportunity to write a letter to a loved one.

THING IM GOOD AT: 09/21/2017

- ① DRAWING & PAINTING
- ② RENDERING MEDICAL ATTENTION IN ORDER TO SAVE A LIFE OR LIVES
- ③ IM GOOD AT DRIVING
- ④ IM GOOD AT CARPENTRY, PLUMBING, ELECTRICIAN, MAINTENCE FOR BUILDINGS
- ⑤ I USED TO BE GOOD AT ALOT OF THINGS, ALL OF WHICH I FIND VERY DIFFICULT TO DO NOW DUE TO MY DISABILITIES

"Everyone's an expert"

Participants discuss or write about their special skills (above)

What is your spirit animal and why? (below)

What or who would you consider to be your spirit animal?

Goldfish

List 3 characteristics of that person or animal

1. Quiet
2. Can see in both infrared and ultraviolet light
3. Can be by themselves.

Why did you choose this person or animal to be your spirit animal? What types of things do you have in common with your spirit animal? Do you look like your spirit animal? If you could learn something from you spirit animal, what would it be? If you had a conversation with your spirit animal, what would you talk about?

It is ~~quite~~ quiet like me, ~~until~~ until they get me upset. It can see things that other people can't see, like I can look at people and see if they are real or fake. They can be by themselves or in groups with other people, like me. No, I don't look like a goldfish. Goldfish have short memories, and there are some things that I would like to forget. Particularly the bad things. I would like to be able to forget things like a goldfish sometimes.

If I talked to a fish, they would put me away.

My Favorite Birthday

My favorite birthday was when I turned 12 years old. On that day I

was very excited because reaching 12 yrs. of age meant that I was about to enter in my teen years.

One thing I really wanted for my birthday was attention.

I wanted it because it was the only day to get all that attention

When I got it/didn't get it I felt like when I got it I felt like it was the best thing in the world and when I didn't get it I felt hurt.

That's why this was my favorite birthday.

Other writing prompts

My vices
Imagine the best day
Biggest fear
Favorite birthday (to left)
Would you rather...
Coat of Arms

