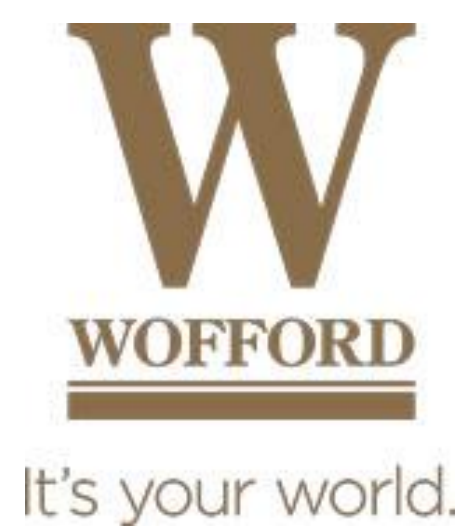


Ashley Stewart
Class 2020
Biology major



PACIFICA OF SKYLYN INDEPENDENT AND ASSISTED LIVING

Continuing care facility
~5-7 participants in Wofford workshops



Examples of other discussions and activities

Vision board – representations of self

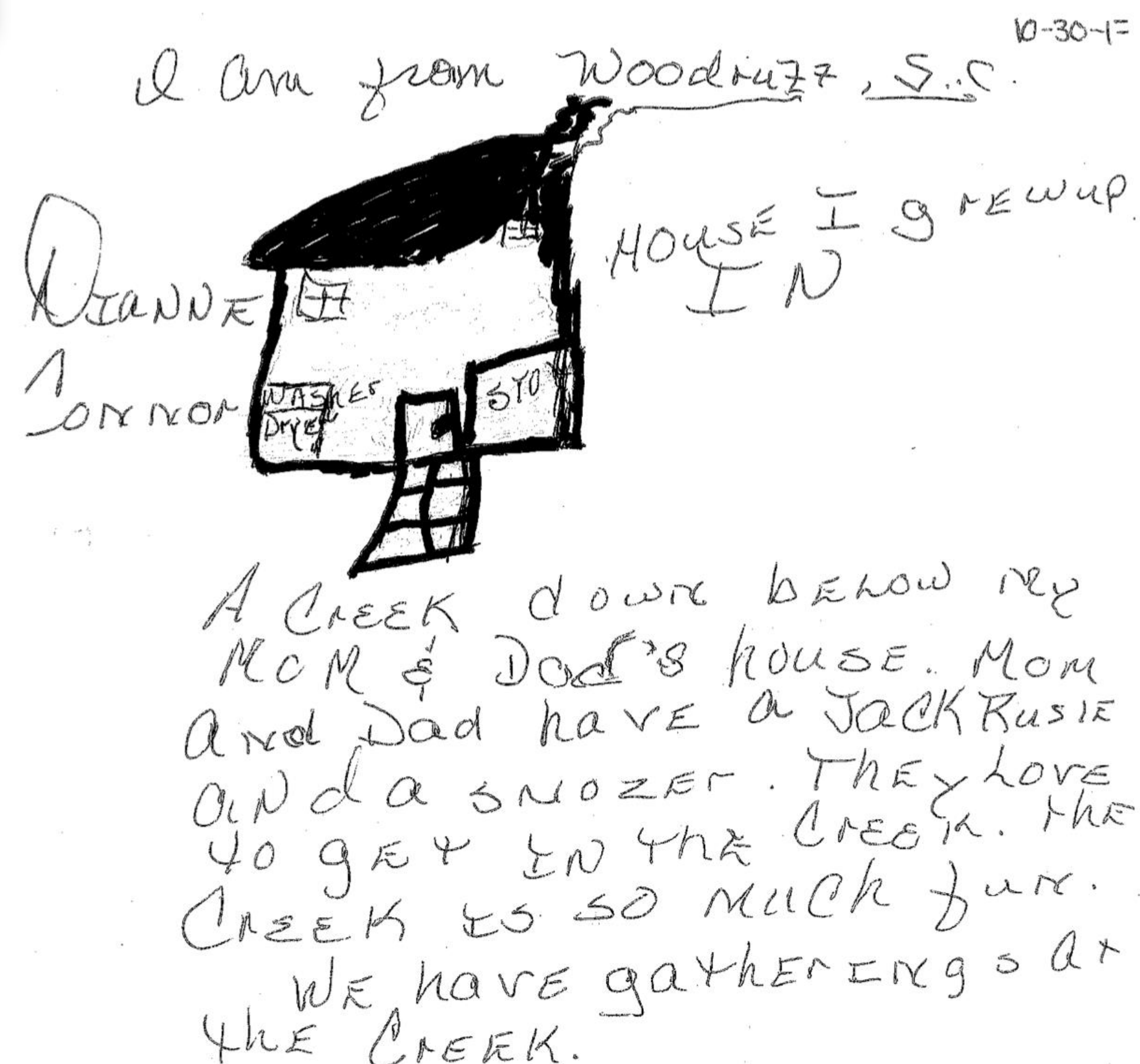
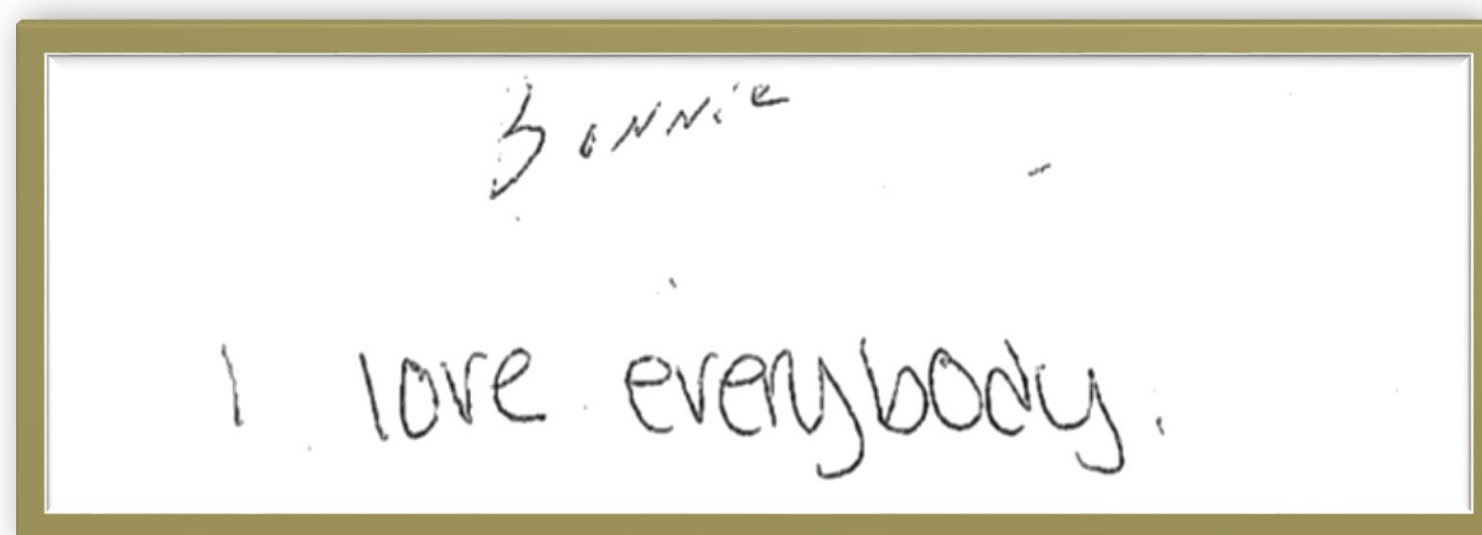
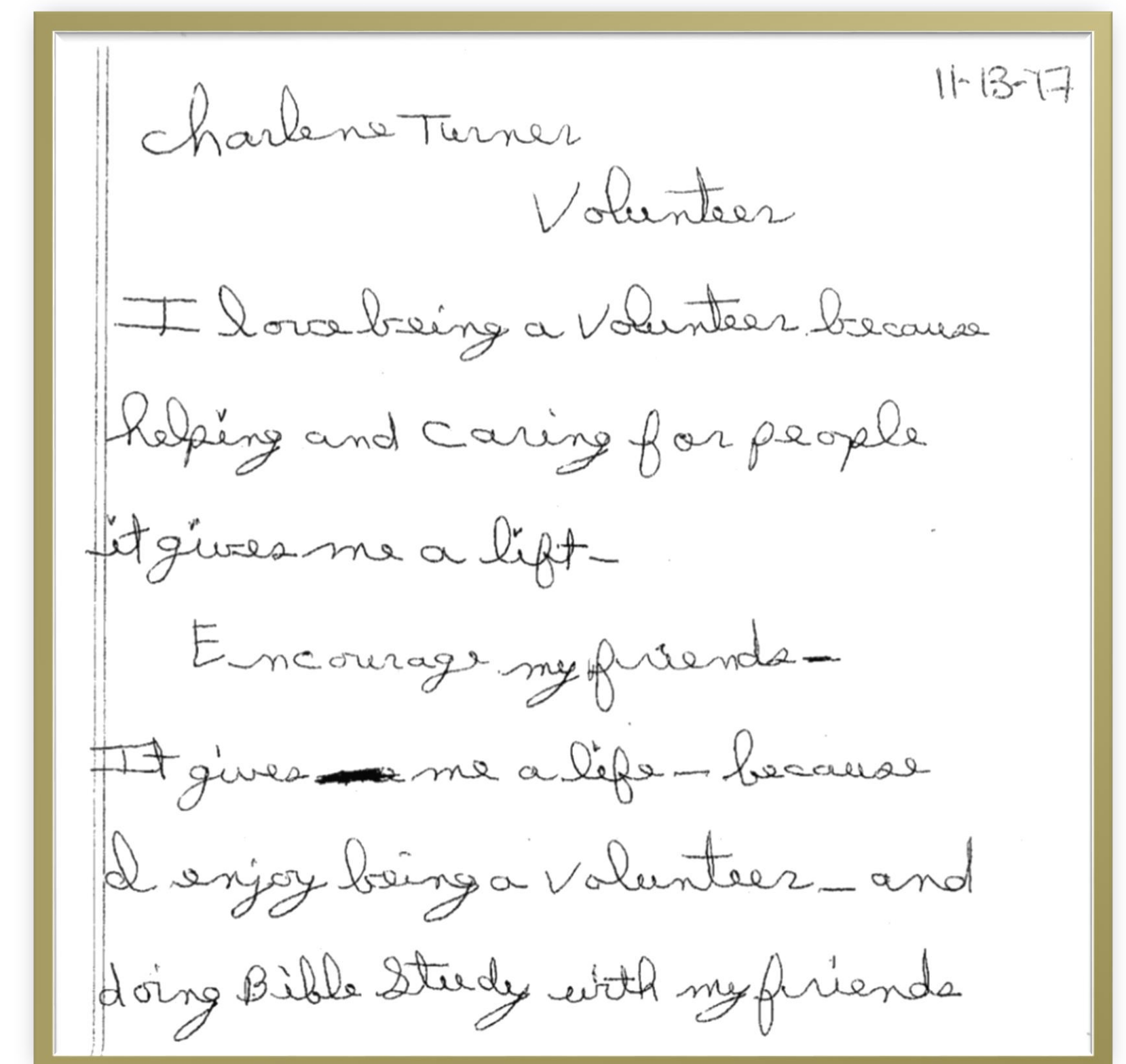
Greatest decision ever made

What did you do before air conditioning to stay cool?

Words of wisdom to pass on to next generation

Would you rather...?

Mandala coloring



Picture to left:
"Where I'm from"
Activity asked participants to draw a map of their hometown or picture of their childhood home, and then write memories about that place and time.

Picture to far left and right:
"Map of me"
Activity asks participants to list their character traits, relationships, appearance, feelings or other descriptions of self.

