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Affect enhances object-background associations: evidence from behaviour and mathematical modelling

Christopher R. Madan [a,b], Aubrey G. Knight[c], Elizabeth A. Kensinger [a] and Katherine R. Mickley Steinmetz [c]

[a]Department of Psychology, Boston College, Chestnut Hill, MA, USA; [b]School of Psychology, University of Nottingham, Nottingham, UK; [c]Department of Psychology, Wofford College, Spartanburg, SC, USA

ABSTRACT

In recognition memory paradigms, emotional details are often recognised better than neutral ones, but at the cost of memory for peripheral details. We previously provided evidence that, when peripheral details must be recalled using central details as cues, peripheral details from emotional scenes are at least as likely to be recalled as those from neutral scenes. Here we replicated and explicated this result by implementing a mathematical modelling approach to disambiguate the influence of target type, scene emotionality, scene valence, and their interactions. After incidentally encoding scenes that included neutral backgrounds with a positive, negative, or neutral foreground objects, participants showed equal or better cued recall of components from emotional scenes compared to neutral scenes. There was no evidence of emotion-based impairment in cued recall in either of two experiments, including one in which we replicated the emotion-induced memory trade-off in recognition. Mathematical model fits indicated that the emotionality of the encoded scene was the primary driver of improved cued-recall performance. Thus, even when emotion impairs recognition of peripheral components of scenes, it can preserve the ability to recall which scene components were studied together.

Emotional items often are remembered at the expense of surrounding contextual or background information (see Levine & Edelstein, 2009), an effect that we and others have referred to as an *emotion-induced memory trade-off*. This memory trade-off was initially attributed to narrowed attention at encoding (e.g. Cahill & McGaugh, 1998; Hamann, 2001), drawing on evidence that arousing stimuli can restrict resources (Dolcos et al., 2017; Easterbrook, 1959; Mather, 2007). However, accumulating evidence suggests that attentional biases are insufficient to explain memory narrowing (e.g. Christianson, Loftus, Hoffman, & Loftus, 1991; Kim, Vossel, & Gamer, 2013; Mickley Steinmetz & Kensinger, 2013), raising the possibility that retrieval methods play a role.

We provided suggestive evidence for a role of retrieval methods (Mickley Steinmetz, Knight, & Kensinger, 2016), utilising a paradigm in which

participants view scenes that include emotional or neutral objects placed on neutral backgrounds (e.g. Chipchase & Chapman, 2013; Mickley Steinmetz & Kensinger, 2013; Waring, Payne, Schacter, & Kensinger, 2010). Participants then were given either an object or background as a memory cue and asked to recall the other scene component. In contrast to a large literature that has revealed an emotion-induced memory trade-off when testing recognition memory, emotional object cues led to *better* recall of backgrounds than neutral objects.

We suggested that the interplay between emotion-induced processes at encoding and retrieval may help to explain this pattern. Specifically, the emotion induced by the retrieval cue itself may facilitate what is remembered, as past studies have shown (Daselaar et al., 2008; Siddiqui & Unsworth, 2011); this may intensify the difference in recognition memory

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CONTACT Christopher R. Madan ✉ christopher.madan@nottingham.ac.uk

between emotional and neutral cues. However, this hypothesis could not be tested in the prior study. Using a mathematical modelling approach the present study sought to disambiguate effects of the retrieval cue from effects stemming from the emotionality of the scenes using a within-subjects design. This allowed us to examine the influences of different factors on recall: type of retrieval cue (object vs. background), emotionality of the scene (emotional vs. neutral), if emotional—the valence of the scene (positive vs. negative), or the interactions of these factors.

Importantly, cued recall is influenced by both item- and association-memory (Hockley & Cristi, 1996; Madan et al., 2010, 2012, 2019). If a cue is not recognised (a failure of item memory), cued recall will fail. Similarly, the target must be accessible in memory (a form of item memory) in order for the association between the cue and target to be retrieved. These item- and association-memory effects cannot be separated using behaviour alone, but mathematical modelling approaches can be used to obtain estimates related to these component processes (Madan, 2014; Madan et al., 2010, 2012, 2019). Thus, in Experiment 1, we adopted a modelling approach to explicate the effects of emotion on memory for object-background associations. In Experiment 2, we further examined the effect of emotion on cued recall in relation to retrieval cue recognition. Although this modified design prevented the use of mathematical modelling, it enabled us to examine the effects of emotion on memory for object-background associations once removing the contribution of item memory failures for the cue. Experiment 2 also provided an opportunity to replicate, within a single experiment, the emotion-induced memory trade-off in recognition and the preservation of cued recall for emotional components of scenes.

To preview the results, we replicate Mickley Steinmetz et al. (2016), with *better* cued recall for components of emotional scenes than neutral scenes. Model fits (Experiment 1) suggest that this emotional enhancement was predominantly explained by emotionality of the scene and that facilitated processing of the retrieval cue may have played a lesser role. Experiment 2 confirmed that a preservation of cued recall for components of emotional scenes can co-occur with poorer recognition memory for backgrounds that had been presented with emotional compared to neutral objects.
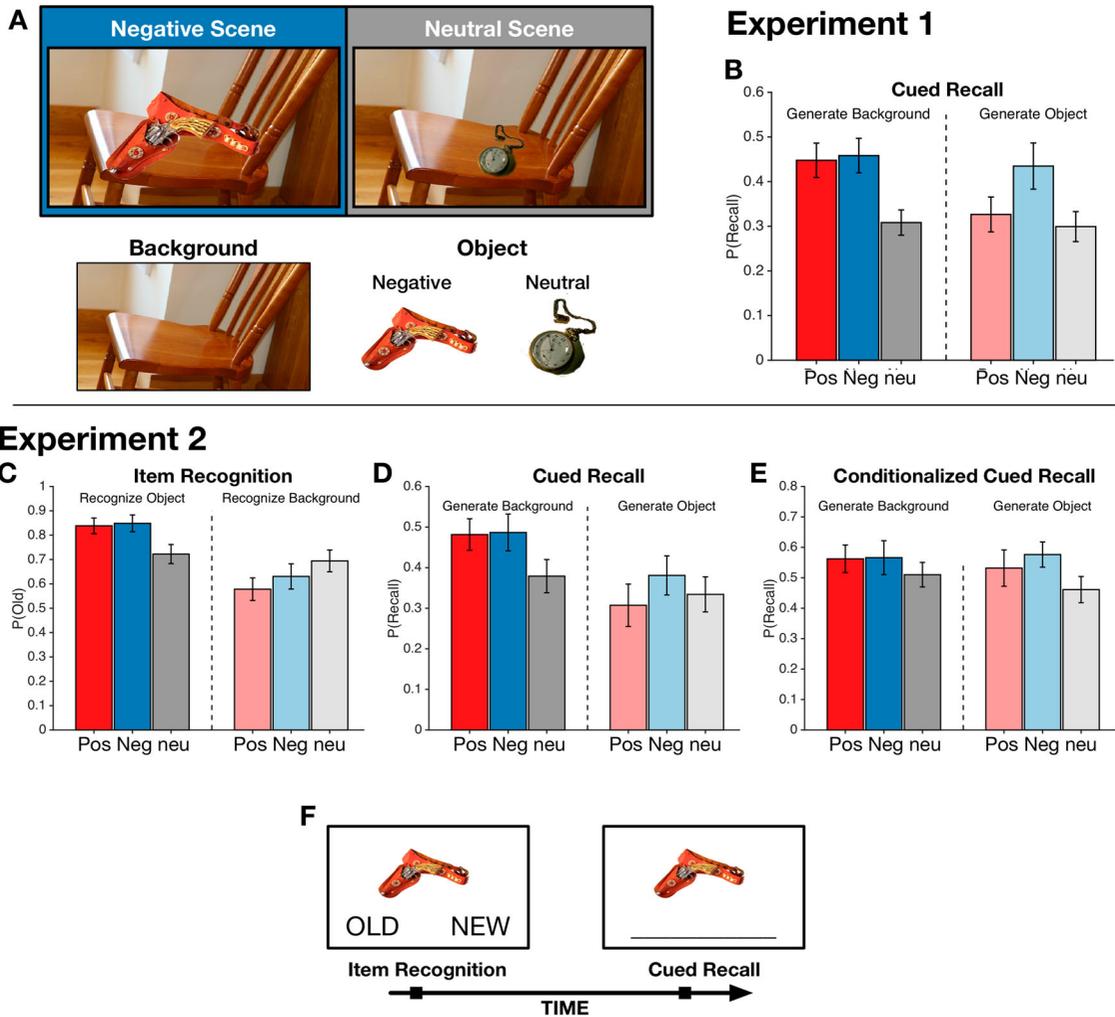
Experiment 1

Method

Participants

A target sample of 30 participants was set. A power analysis indicated that 30 participants would provide 75% power to detect a moderate effect (Cohen's $d = 0.50$). A total of 31 participants (24 female) were tested, recruited online via social media or through paper advertisements at Boston College, and remunerated $10/hour. One male participant was excluded for not providing recall responses. Participants were native English speakers, reported no history of psychiatric or neuropsychological illness, and had normal or corrected-to-normal vision. The Boston College Internal Review Board approved the study.

Materials

Constructed study scenes, adapted from previous studies (Mickley Steinmetz & Kensinger, 2013; Waring et al., 2010), included background pictures (e.g. lawn) overlaid with neutral (e.g. toy sled), positive (e.g. man walking a dog), or negative (e.g. crying child) objects (see Figure 1A). Neutral and emotional objects were placed in approximately the same location for each background picture and were composited to be as realistic as possible. Neutral and emotional objects were of similar proportions, and included a similar mixture of objects, animals, and people. Each background was used to create two scenes: one included a neutral object and one an emotional (positive or negative) object. Each participant saw only one version of these scenes: scenes were varied across participants according to whether a background was seen with a neutral or emotional object.

Based on previous normative studies, positive and negative objects were rated as equally arousing [$p > .15$], and more arousing than neutral objects [$p < .001$]. Background pictures were rated as neutral by naïve raters, with backgrounds receiving an average score of 5.0–5.5 on a Likert scale (1 = extremely negative, 5 = neutral, 10 = extremely positive; Mickley Steinmetz & Kensinger, 2013).

The study was presented online. Participants were instructed to complete the study at full screen on a computer and to complete the study in one sitting, without visual or auditory distraction or outside aid. Participants reported good adherence to instructions on a compliance survey. (One individual stopped briefly to take a phone call.)

Figure 1. Task design and behavioural results. (A) Negative and neutral scenes, constructed from a background picture with a negative or neutral object, respectively. (B,D) Cued recall performance for Experiments 1 and 2. (C) Item recognition performance and (E) cued recall performance conditionalized on item recognition for Experiment 2. (F) Illustration of retrieval procedure for Experiment 2. Error bars represent 95% confidence intervals corrected for inter-individual differences (Loftus & Masson, 1994).

Procedure

During study, participants viewed 88 scenes (44 neutral, 44 emotional [22 positive, 22 negative]) for five seconds each and indicated whether they would Approach, Back Away, or Stay the same distance from the scene.

Following study, participants were given a surprise, self-paced cued-recall test. Participants were shown previously studied background and objects in random order; for each, they were asked to type in a short description of the item that it was paired with during study. For half the scenes, the object alone was shown; for the other half, only the background was shown. All pictures were previously studied—as is standard for cued-recall tests; no new items were presented.

Data analysis

Two raters scored recall responses, indicating 0 (for incorrect or absent responses), 0.5 (for vague or partially correct responses), or 1 (for correct responses). For example, if the correct item was 'ballerina', any response to a non-vague term that could be uniquely linked to the correct response, e.g. 'ballerina', 'dancer', or 'girl in tutu', would receive a 1; 'girl' would receive 0.5; a blank or unrelated answer would be scored

0. Scores demonstrated high inter-rater reliability [$r > .8$]. Across all participants and conditions, 33.1% of responses were scored as correct, 5.8% as partially correct, 48.6% were incorrect, and 12.5% were absent of a response. Raters' scores were averaged for analyses, resulting in scores between 0 and 1, at intervals of 0.25.

Modelling cued recall

Mathematical modelling was used to disentangle effects of emotionality (whether or not there was any emotional content) and valence (whether the emotional content was positive or negative) on different component memory processes to the cued recall performance (based on the approach proposed in Madan et al., 2010). A constant or 'tuning' parameter (c) is first set to scale model fits to the mean accuracy across both conditions and participants. Model variants then additionally include parameters that correspond to relative enhancements or impairments of cued-recall performance between conditions (e.g. effects of emotionality, valence, or target type). For instance, the 'Emotionality' parameter can be included to estimate the relative enhancement or impairment for scenes that were studied with emotional objects, either positive or negative. A parameter greater than one indicates better recall for scenes with an emotional object than those with a neutral object; if instead this parameter was found to be below one, this would indicate worse recall for emotional scenes.

Here we implemented the modelling based on multiplicative and nested effects (valence nested within emotionality). This modelling approach was based upon three distinct considerations: (1) The current study included positively and negatively valenced associations, as well as emotionally neutral associations. As such, the modelling was implemented to include *nested* effects, where valence differences (i.e. differences in memory for positive vs. negative scenes) could only be included in a model if it already allowed for influences of emotionality (i.e. differences in memory for emotional [both positive and negative] vs. neutral scenes). (2) Stimuli in the current study were scenes with foreground objects that were either positive, negative, or neutral, along with a neutral background, such that the foreground object likely received more attention than the background object, regardless of its valence (and see Chipchase & Chapman, 2013; Mickley Steinmetz & Kensinger, 2013). For this reason, it is likely that the object and background items were not afforded the same amount of attention and possible imbalances between generating a background from an object vs. an object given the background were estimated using the target type (T) parameter, and additional parameters quantified the interaction between target type and emotionality or valence (described in more detail below). (3) Parameters were estimated in relation to mean cued recall performance across participants. These three considerations result in the set of equations listed in Table 1.

Model variants were formally assessed via Bayesian Information Criterion (*BIC*), which includes a penalty based on the number of free parameters. Smaller *BIC* values correspond to better model fits. As absolute *BIC* values are unitless and intended to compare the relative fit between different models, here we report *ΔBIC* values based on comparisons between each model and the best fitting model (Burnham & Anderson, 2002, 2004; Farrell & Lewandowsky, 2018). By convention, two models are considered equivalent if *ΔBIC* < 2 (Burnham & Anderson, 2002, 2004). To additionally evaluate the relative fit of the data, we additionally report R^2. This provides an absolute measure of the amount of variance explained in the behavioural data.

Eight model variants were used to compare the relative contributions of main effects of emotionality (model parameter: E), valence (V), and target type (T), as well as their interactions (Ei, Vi), to cued-recall performance. Interaction terms were only considered when the relevant main effects were also included.

(1) Model *c* only included the constant parameter and thus had only one free parameter. This model was constrained to have the same recall performance across the six experimental conditions (see Figure 2) and would be expected to fit the data poorly, but serves as a baseline for the subsequent model variants. All subsequent models included

Table 1. Model equations for each recall conditions.

Recall condition		Equation
Generate	Valence	
Background	Neutral	`c * T / E / Ei`
	Positive	`c * T * E * V * Ei * Vi`
	Negative	`c * T * E / V * Ei / Vi`
Object	Neutral	`c * T / E * Ei`
	Positive	`c / T * E * V / Ei / Vi`
	Negative	`c / T * E / V / Ei * Vi`

Note: Each row represents a recall condition, not a model variant (which are listed in Table 2). * and / symbols represent multiplication and division, respectively. Fitted parameters were as follows: *c*, constant; *T*, Target; *E*, Emotionality; *V*, Valence; *Ei*, Target×Emotionality; *Vi*, Target×Valence; also see Figure 2.
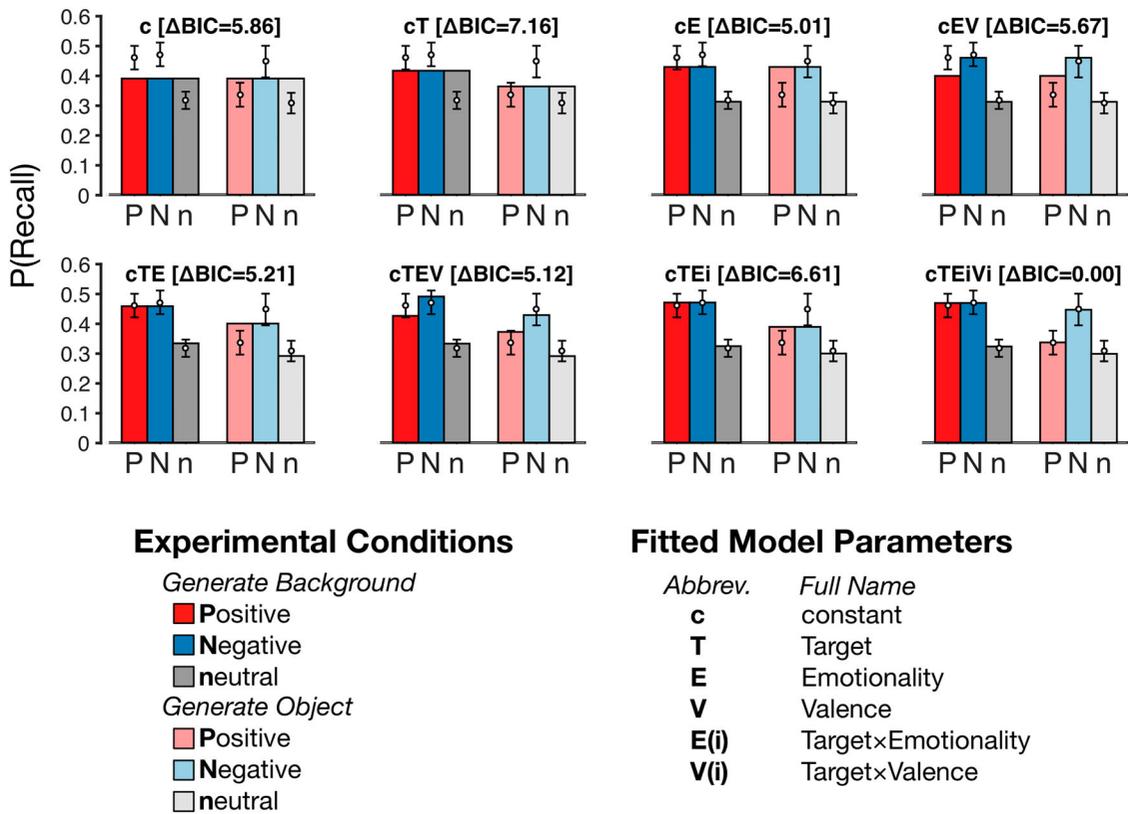
Figure 2. Modelling of cued recall performance from Experiment 1, with each of the model variants. White circles and error bars represent the actual behavioural data (see Figure 1B). Titles for each panel denote the model variant displayed, the number of letters in the model variant name indicates the number of free parameters (see Table 2). Bars show the predicted cued recall performance for the best-fitting model parameters. 'P', 'N', 'n' corresponds to scenes with a positive, negative, or neutral object, respectively. The left side of each panel displays performance where the cued recall target was the background; the right side displays performance when the cued recall target was the object (as in Figure 1B).

the constant parameter as well as at least one model parameter.

(2) Model *cT* included a parameter to account for differences in recall related to the cued recall target being either a background or object, but would not account for any differences related to emotionality, as shown in Figure 2.

(3) Model *cE* included a parameter related to the presence of an emotional object (i.e. emotionality), either positive or negative, relative to scenes that were wholly neutral; however, this model variant ignores any effects of the target type or valence.

(4) Model *cEV* adds to the previous model by additionally including a parameter related to an influence of scene valence (i.e. differences in recall for scenes that had positive vs. negative objects), though did not account for effects of target type. Both *cE* and *cEV* correspond to

effects of emotionality on the associations themselves, and would not be influenced by the possibility of emotional objects potentially being better memory cues or targets.

(5) Model *cTE* includes parameters for both the cued recall target and emotionality, but does not include their interaction or effects of valence.

(6) Models *cTEV* and

(7) *cTEi* include either effect of valence or the interaction of Target and Emotionality, but not both.

(8) Model *cTEiVi* includes all considered effects: effects of Target, Emotionality, and Valence, as well as the interactions of Target×Emotionality and Target×Valence. However, in including all of these model parameters, this variant now incorporates six free parameters to explain six experimental conditions and is thus a fully saturated model. This model variant will achieve a perfect fit to the behavioural data, though it is *also*

penalised in the model fitness (*BIC*) for containing more free parameters than other model variants. Nonetheless, the confidence intervals for the fitted parameters can yield useful information.

For the cued recall modelling, fitted model parameters were solved using the system of equations shown in Table 1. For a given model variant, parameters *not* fit were set to 1. Model fits are reported in Table 2. In addition, 95% confidence intervals for parameters were calculated by obtaining the mean performance for each condition across participants via boot-strapping across 10,000 iterations and are reported in Table 2.

The modelling approach described here is generally consistent with prior our mathematical modelling of cued recall (i.e. Madan, 2014; Madan et al., 2010, 2012, 2019), however, here we extended this modelling to (1) accommodate the nesting of factors (i.e. for modelling both emotionality and nested valence effects) and (2) non-equivalent types of items (i.e. central and peripheral items). Additionally, here we (3) re-parameterised the ratios such that they more directly reflect relative influences of item properties. For instance, here modelling of accuracy involves multiplying by parameter *E* for emotional scenes, but instead divide by *E* for neutral scenes (see Table 1). In our previous modelling, we would multiply by parameter *E* for emotional scenes, but accuracy for neutral scenes would be irrespective of the parameter (as in the ratios listed in Madan, Caplan, Lau, & Fujiwara, 2012, p. 702).

Results & discussion

A Target (object, background) by Scene Valence (Positive, Negative, neutral) ANOVA was conducted on cued-recall performance (see Figure 1B). There was a significant effect of Target, $F(1,29) = 6.38$, $p = .017$, $\eta_p^2 = .180$: backgrounds [$M \pm SD = 0.405 \pm 0.066$] were more easily generated than objects [$M = 0.354 \pm 0.072$; $t(29) = 2.53$, $p = .017$]. In other words, objects served as better cues than backgrounds. There was also a significant effect of Valence, $F(2,58) = 24.17$, $p < .001$, $\eta_p^2 = .455$: Components from negative [$M = 0.447 \pm 0.191$] scenes were more likely to prompt memory than components from neutral scenes [$M = 0.304 \pm 0.151$; $t(29) = 6.23$, $p < .001$] or positive scenes [$M = 0.387 \pm 0.173$; $t(29) = 3.03$, $p < .001$]; components from positive scenes were also more likely to prompt memory than components from neutral scenes [$t(29) = 4.34$, $p < .001$].

Table 2. Model variant fitness and best-fitting parameters.

Model variant	ΔBIC	ΔBIC without saturated model	No. Parameters	R^2
c	5.86	**0.85**	1	.000
cT	7.16	2.15	2	.140
cE	5.01	**0.00**	2	.603
cEV	5.67	**0.65**	3	.729
cTE	5.21	**0.20**	3	.763
cTEV	5.12	**0.11**	4	.874
cTEi	6.61	**1.59**	4	.786
cTEiVi (saturated)	**0.00**	–	6	.994

Fitted model parameter		95% confidence interval
Abbrev.	Full Name	
T	Target	[1.01, 1.13]*
E	Emotion	[1.11, 1.23]*
V	Valence	[0.89, 0.97]*
(E)i	Target×Emotion	[0.99, 1.07]
(V)i	Target×Valence	[1.01, 1.15]*

Note: Model variants were named as an abbreviation of the parameters included; the number of letters in the model name corresponds to the number of parameters included in the model variant. Model variant names are abbreviated as follows: 'c' denotes the inclusion of the constant parameter to calibrate the model parameters to the mean behavioural performance (included in all model variants); 'T' denotes the inclusion of a parameter related to the type of 'Target' item being generated (either object or background); 'E' denotes the inclusion of an 'Emotion' parameter that influenced associations including *both* positive or negative objects; 'V' denotes the inclusion of a 'Valence' parameter that corresponded to the influence of positive *as compared to* negative objects; 'i' denotes the inclusion of a interaction term between the prior letter and Target, where the effect of the other parameter is not constrained to be equivalent across the two levels of Target. * denotes that the 95% CI significantly differs from 1. *ΔBIC* values shown in **bold** denote that model variants do not explain the data sufficiently better than the model with *ΔBIC* = 0 (i.e. the best fitting model). Due to the multiplicative nature of the modelling, fitted model parameters are the same for all model variants; when a parameter is not included in a model, it is set to 1. R^2 is additionally included as a measure of overall fitness, i.e. amount of variability explained.

These effects were qualified by a Target×Valence interaction $F(2,58) = 4.14$, $p = .021$, $\eta_p^2 = .125$. When generating backgrounds, participants were more likely to generate backgrounds given a positive or negative cue as compared to a neutral cue [Positive: $t(29) = 5.82$, $p < .001$; Negative: $t(29) = 5.64$, $p < .001$]. Participants also were more likely to be able to generate a negative object as compared to a positive or neutral object [Positive: $t(29) = 3.31$, $p = .003$; neutral: $t(29) = 3.75$, $p < .001$]. In examining cued-recall differences related to generating backgrounds vs. objects, participants were more easily able to generate backgrounds than objects for positive scenes [$t(29) = 3.61$, $p < .001$, $d = 0.66$]; cued recall did not differ in relation to target type for the negative [$t(29) = 0.60$, $p = .55$, $d = 0.11$] or neutral scenes [$t(29) = 0.47$, $p = .65$, $d = 0.09$].

Modelling cued recall

When considering all model variants, the best-fitting model included all factors and interactions: *cTEiVi*, based on the significant influence of nearly all fitted model parameters (see Table 2, lower portion). Though this model is saturated (i.e. as many fitted parameters as conditions), it provides useful information in the confidence intervals for the parameters. These intervals indicate that all effects were relevant to recall and that the influence of these effects were relatively similar in magnitude.

Comparisons excluding the saturated model indicated that the remaining models performed similarly (see Table 2, upper portion). However, the main effect of Emotionality had the most pronounced effect, and the presence of Emotionality and Valence explained performance well. The inclusion of Target (i.e. difference in recall related to generation of object vs. background) contributed the least to overall model fit, indicating that recalling an object vs. background had a small effect. This pattern suggests that facilitated processing of emotional retrieval cues was unlikely to be the dominant factor (as this would have led to a large Emotionality×Target interaction); instead, emotionality of the scene was the primary influence on cued recall. However, the Valence×Target parameter was present, indicating that valence influences cued recall performance directionally. In other words, the valence of the foreground objects influenced participants' ability to generate the backgrounds to a different (greater) extent than the backgrounds cued memory for those valenced objects.

Experiment 2

Although Experiment 1 could rule out a hypothesis put forth in a prior paper—that preserved cued recall stemmed from emotional cues facilitating recall—it could not isolate why cues from emotional scenes were better at evoking associative recall. Cues from emotional scenes could lead to higher recall rates because (a) emotional scenes forged a stronger bond between the object and background, or (b) cues from emotional scenes were more likely to be remembered than neutral cues.

Experiment 1 and its accompanying modelling demonstrated that emotionality, valence, and target type all were relevant to cued recall performance. While this finding is the outcome of the modelling

approach, it is partially based on inferences inherent to the modelling approach. To obtain complementary source of evidence and validate the model, we conducted a second experiment using a more complex behavioural task. The retrieval task in this experiment uses a modified cued-recall test where participants first provided explicit recognition decisions for retrieval cues marking each item as 'old' or 'new'. Participants *then* recalled associated targets only if cues were recognised. This provided us with overall cued-recall performance, as before, and also the cued-recall success given that the cue was recognised. Obtaining both measures, we were able to test for the emotion-induced memory trade-off in recognition and to directly observe the correspondence between item recognition and cued recall. In this way, we were able to get multiple sources of memory information from the same trial, allowing us to examine whether the preservation of cued-recall for emotional scenes existed even when the responses were conditionalized for item memory.

Method

Participants

Data were collected for 27 participants (22 female), with recruitment and consent procedures identical to Experiment 1. Due to a computer error, data from 3 more participants were not collected.

Materials and procedure

The materials and procedure were the same as Experiment 1, with the exception that participants were given a modified cued-recall test where they first indicated 'old' if they recognised the cue and 'new' if they did not. If the item was recognised as 'old' were they asked to describe the associated item (see Figure 1F). As in Experiment 1, all cues had been studied; thus, all 'new' responses were misses.

Data analysis

Cued-recall accuracy was computed in the same manner as in Experiment 1. Scores demonstrated high inter-rater reliability [$r > .8$]. Cued recall accuracy was computed both for all items (i.e. cues rated as 'new' were scored as 0) and conditionalized for successful recognition (i.e. trials on which cues were rated as 'new' were excluded).

Results & discussion

An Item Type (object, background) by Scene Valence (Positive, Negative, neutral) ANOVA was conducted on recognition performance (Figure 1C). There was a significant effect of Item Type, $F(1,26) = 48.30$, $p < .001$, $\eta_p^2 = .650$, such that objects [$M \pm SD = 0.803 \pm 0.120$] were more easily recognised than backgrounds [$M = 0.634 \pm 0.143$; $t(26) = 6.87$, $p < .001$]. The effect of Valence was not significant, $F(2,52) = 1.16$, $p = .32$, $\eta_p^2 = .043$, but the interaction was significant, $F(2,52) = 20.6$, $p < .001$, $\eta_p^2 = .442$. Post-hoc t-tests indicated better recognition for emotional than neutral objects [Positive: $t(26) = 4.40$, $p < .001$; Negative: $t(26) = 5.47$, $p < .001$]. In contrast, memory was better for backgrounds from neutral than emotional scenes [Positive: $t(26) = 3.15$, $p = .004$; Negative: $t(26) = 1.75$, $p = .092$]. Thus, these findings replicated the emotion-induced memory trade-off in recognition.

A Target (object, background) by Scene Valence (Positive, Negative, neutral) ANOVA was conducted on cued-recall performance (see Figure 1D). As in Experiment 1, there was a significant effect of Target, $F(1,26) = 21.20$, $p < .001$, $\eta_p^2 = .449$: backgrounds [$M = 0.449 \pm 0.162$] were more easily generated than objects [$M = 0.341 \pm 0.154$; $t(26) = 4.60$, $p < .001$]. In other words, objects served as better cues than backgrounds. There was also a significant effect of Valence, $F(2,52) = 4.66$, $p = .014$, $\eta_p^2 = .152$, where components from negative [$M = 0.434 \pm 0.176$] scenes were more likely to prompt memory than components from neutral scenes [$M = 0.357 \pm 0.158$; $t(26) = 3.15$, $p < .001$]. These main effects were qualified by a Target×Valence interaction, $F(2,52) = 3.95$, $p = .025$, $\eta_p^2 = .132$, again replicating Experiment 1. When generating backgrounds, participants were more likely to generate backgrounds given a positive or negative cue as compared to a neutral cue [Positive: $t(26) = 3.65$, $p < .001$; Negative: $t(26) = 3.22$, $p < .001$]. When generating objects, there were no differences in performance related to valence [all p's > .05]. Thus, emotionality affected cued recall performance directionally, with emotional foreground objects leading to better generation of backgrounds than vice versa.

Cued recall conditionalized for successful recognition is shown in Figure 1E. A Target by Scene Valence ANOVA found a significant effect of Valence, $F(2,52) = 6.50$, $p = .003$, $\eta_p^2 = .200$, with better performance for positive [$M = 0.547 \pm 0.176$; $t(26) = 2.51$, $p = .045$] and negative [$M = 0.571 \pm 0.162$; $t(26) = 3.50$, $p = .003$] than neutral scenes [$M = 0.486 \pm 0.171$].

Neither the main effect of Target nor the interaction were significant [p's > .05]. Thus, when only considering items that were successfully remembered, emotionality led to better recall regardless of target type. One goal was to clarify if increased recall from emotional scenes was due to strengthened association-memory or simply that participants were more likely to remember cues from emotional scenes. These results rule out that second proposition. Even when cue recognition was controlled, cues from emotional scenes were more likely to evoke memory for their targets than those from neutral scenes. If anything, the effect of emotion was strengthened as there was no interaction with target, suggesting that *both* object and background cues from emotional scenes were better at evoking recall targets than cues from neutral scenes.

In sum, participants simultaneously demonstrated the emotion-induced memory trade-off, while performing *better* at generating backgrounds for emotional scenes—a directional effect of emotion. This was further corroborated by the conditionalized cued-recall analysis, which directly accounted for contingencies between item recognition and cued recall.

General discussion

After viewing scenes that included emotional objects placed on neutral backgrounds, item-recognition and cued-recall tests produced opposite results. Recognition tests revealed an emotion-induced memory trade-off: enhanced memory for emotional objects, and decreased memory for their backgrounds. However, cued-recall tests showed that backgrounds served as better cues for emotional objects than neutral objects, especially for negative objects, and that backgrounds were more likely to be recalled when cued with emotional objects compared to neutral objects. These results generally replicated those of Mickley Steinmetz et al. (2016), but shed new light on the influence of emotion on associative memory.

When the results of our prior experiment (Mickley Steinmetz et al., 2016) revealed that emotional cues enhanced memory for backgrounds, we suggested that this might be because the emotional valence of the cue may enhance retrieval processes. This speculation was based on past studies indicating that emotion can facilitate retrieval (Daselaar et al., 2008; Siddiqui & Unsworth, 2011) and would have been revealed in the present modelling analysis as an interactive effect of Target and Emotion. However, the modelling suggests that this speculation was not

correct. In the model, the Emotion parameter had the strongest effect. One can think of this Emotion parameter as being related to the emotionality of the entire studied scene (object and background), rather than being related to either of these individual components (which would have instead manifested as the aforementioned interaction).

The results suggest that the associative nature of the cued-recall task is important. When a participant sees each object and background element separately in a recognition test, they do not have to recall the association. The cued-recall test, on the other hand, *requires* the association to be made. Under these associative conditions, emotion can facilitate memory. In both experiments presented here, all memory cues were old items. While this is common for cued recall studies, this was also true for the multi-step procedure of Experiment 2 which first asked participants to make an item-recognition judgment. As such, it is possible that emotionality may have shifted the response criterion here. Nonetheless, the intention of this procedural change for Experiment 2 was to distinguish item-recognition failure from a failure to recall the associate. To investigate the influence of including only 'old' items on associative memory, future studies could examine the specificity of memory by adding in related new items or an alternate multi-step associative recognition procedure (e.g. see Madan, Fujiwara, Caplan, & Sommer, 2017) that probes associative memory performance even after a recall failure.

The fact that emotion enhanced association-memory stands in contrast to prior studies, using paired-associates tasks, which have found that when a negative item is present it leads to impairments in cued recall (e.g. Caplan, Sommer, Madan, & Fujiwara, 2019; Madan et al., 2012, 2017; Mao, An, & Yang, 2017; Rimmele, Davachi, Petrov, Dougal, & Phelps, 2011; Touryan, Marian, & Shimamura, 2007). The current study instead found that negative items lead to enhanced memory for the associated target. However, a key difference may be the relation between the paired stimuli. In prior studies, arbitrary items were presented as a pair; however, in the current study, the objects were congruent or meaningfully related with the background (i.e. object makes sense to appear in the scene based on prior semantic knowledge) and were presented as a unified scene. There has been little work on the effects of emotion on associative memory for meaningful vs. arbitrary associations, and the present results suggest the intriguing possibility that the way

emotion affects associative memory may differ depending on this factor (broadly consistent with Mather's, 2007, object-based framework; also see Chiu, Dolcos, Gonslaves, & Cohen, 2013). There is evidence that meaningful associations are better remembered than arbitrary associations for neutral information (e.g. Amer et al., 2018, 2019; Atienza, Crespo-Garcia, & Cantero, 2011; Castel, 2005; Ngo & Lloyd, 2018), but it is unclear if this effect would interact with emotion. Related to this, prior studies often present the to-be-associated items as distinct items, whereas our scenes were integrated composites of the two items. As such, it is possible that association-memory for our scenes were easier to unitize than in others' paradigms (see Ahmad & Hockley, 2014; Madan et al., 2017; Murray & Kensinger, 2013). Future research will be needed to investigate these possibilities.

In addition, as Experiment 2 included only 'old' items in the recognition memory test, this may have shifted participants' response criterion. It is possible that differences in criterion response may relate to the ability to retrieve associative detail which may be an interesting question to examine in future studies.

The current study reveals an important boundary condition on emotion-induced memory trade-offs. When remembering the context in which an object appeared, emotional memory may particularly suffer when recognition assessments are used. Emotion appears to simultaneously impair the ability to recognise peripheral scene components while preserving the ability to recall the verbal labels for these components when cued with the emotional object. Indeed, when cued recall assessments are used, individuals can be even more likely to recall one component of a scene when cued with another when that scene is emotional rather than neutral.

ORCID

Christopher R. Madan http://orcid.org/0000-0003-3228-6501
Elizabeth A. Kensinger http://orcid.org/0000-0003-1940-231X
Katherine R. Mickley Steinmetz http://orcid.org/0000-0001-9576-9733

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